

LOW-COST OR FREE CLINICS

Spring Branch Community Health Center

713-462-6565

9325 Kempwood Dr. (near Blackcock)

Houston, TX. 77080

www.sbchc.net

Appointment necessary:

Mon. & Thurs.: 8:30a-6:00p

Tues., Wed. & Fri.: 8:30a-5:00p

This clinic offers services at a low cost to low-income families. Fees are based on a sliding scale. The following services are offered: adult, pediatric, prenatal/postpartum, dental, vision, mental health and substance use disorders.

Women's Center at Clinica Hispana

713-476-0579

2026 Wirt, 2nd floor (near Hammerly)

Houston, TX. 77055

Appointment necessary:

Mon-Fri: 9:30a-5:00p

This is a bilingual, Obstetric and Gynecological community clinic. The Women's Center accepts insurance, Medicaid and cash. STD and pregnancy testing are available, as well as services to adolescents and women through all stages of pregnancy.

Clinica Hispana

713-682-7066

2028 Wirt (near Hammerly)

Houston, TX 77055

Walk-ins only, no appointments

Mon-Fri.: 9:00a-7:00p

Sat.: 8:00a-4:00p

This is a bilingual, non-emergency and minor emergency community clinic. Medicaid, Medicare, other insurances and cash accepted. Services provided to infants, children, adult and elderly patients.

Memorial Hermann Clinics (2 locations)

The Neighborhood Healthcare Center

713-957-8400

11097 NW Fwy Ste. B (near W 34th St.)

Houston, TX 77092

For the location nearest you call 713-957-8400 or 713-981-1605

Appointments only necessary for physicals

Walk-ins welcome:

Mon-Fri.: 8:00a-7:00p

Sat-Sun.: 9:00a-3:00p

These clinics provide low-cost well woman exams, birth control, family planning and STD testing. Fees are at a set rate, normally \$45.00 a visit but can cost extra for test and labs. Infants can be seen at 6 months of age but only if they are up to date with their shots.

Motherland, Inc.

713-290-0001

4040 Yale St.(near W 38th St.)

Houston, TX 77018

www.motherlandinc.org

Appointment preferred:

Mon., Tues. & Fri.: 8:00a-5:00p

Thurs.: 8:00a-7:00p

2nd & 4th Sat. of month 9:00a-1:00

Close Wed.

This clinic offers preventive and primary care services; immunizations, vaccinations, diabetes, hypertension, cancer screening, oral health care, mental health, STD and HIV testing. Prenatal care/education and TB screening, also offered. Fees based on a sliding scale, insurance also accepted.

Harris County Health Clinics (6 locations)

713-439-6000

2223 West Loop South (near Westheimer Rd.)

Houston, TX 77027

www.harriscountyhealth.com

For the location nearest you call 713-439-6000

Appointment and walk-ins welcome:

Hours vary by clinic

These clinics offer: immunizations, nutrition counseling, lead poisoning screening/prevention, child health exams, treatment of STD's and TB, HIV testing, CHIP application, dental care and WIC. Fees are based on sliding scale, most services are no or low cost.

Legacy Community Health Center (3 locations)

713-830-3000

3311 Richmond Ave., Ste 100 (near Buffalo Speedway)

Houston, TX 77098

www.legacycommunityhealth.org

For the location nearest you call 713-830-3000

Appointment necessary:

Mon., Wed. & Fri: 9:00a-7:00p

Tues. & Thurs.: 9:00a-6:00p

This clinic provides affordable, high quality healthcare to everyone- regardless of you ability to pay. They are committed to serving people of all ages, genders and ethnicities, with special attention to your healthcare needs. To meet your everyday healthcare needs, they offer a wide range of primary care services from pediatrics to men & women services, mental health counseling to HIV and transgender health services. They also have specialized clinics; HIV Primary Medical Care, STD Clinics, Women's Clinic and the Frost Eye Clinic.

Good Neighbor Healthcare Center

713-529-3597

190 Heights Blvd. (near I-10)

Houston, TX 77007

gnhc.org

Appointments only, Mon-Fri: 8:00-5:00

Walk-ins and sick visits only, Sat.: 8:00a-12:00p

This clinic provides a variety of services; primary and preventive healthcare, as well as dental care, to low-income families individuals. This clinic services chronic and acute conditions, regular well check-ups, immunizations, eye exams, dental and prenatal care.

Bellaire Children's Clinic

713-981-5166

8880 Bellaire Blvd., #H (near Gessner Rd.)

Houston, TX 77036

Appointment necessary, except during 10-12 & 2:30-4:00, walk-ins are welcome:

Mon.-Fri.: 10:00a-4:00p

This clinic services children only, from infants to age 15. Immunizations, well visits, sick visits and all other child healthcare provided.

Baylor College of Medicine-Teen Clinics (6 locations)

713-873-3601

1504 Taub Loop (near N Macgregor Dr.)

Houston, TX 77030

www.teenhealthclinic.org

For the location nearest you, call 713-873-3601

Hours vary by clinic

These clinics offer testing and treatment of sexually transmitted diseases, pregnancy testing/screening/referral, prenatal/postpartum care, well adolescent exams and HIV screening and counseling. Also offered; immunizations (parental consent required, if under age 18), child car seat program and Texas Health Steps. Most of the services are free, though some services could have a fee.

South Central Houston Community Health Center (SCHCHC)-Riverside Clinic

713-831-9663

3315 Delano St. (near Elgin St.)

Houston, TX 77004

www.centercarechc.org

Appointment necessary:

Mon & Wed: 8:00a-5:00p

Tues: & Thurs: 8:00a-7:00p

Fri: 8:00a-12:00p

Sat.: open every other Saturday

This is a family practice center that services infants to the elderly. If the specialized treatment necessary to treat patient cannot be handled in this office, then the patient is referred to the proper place.

University of Texas-Dental Branch

713-500-4000

6516 MD Anderson Blvd. (near Holcombe)

Houston, TX 77030

www.db.uth.tmc.edu

Walk-ins only no appointment:

Mon., Wed., Thurs., & Fri: 7:30a-6:00p

This is a clinic for emergency dental care that is available to the public. Walk-in patients must sign in, at the front desk reception by 7:30a. These services are on a 1st COME, 1st Serve basis. Payment for emergency services is expected at time of treatment; the majority of services are between \$65.00-70.00, credit cards, cash and money orders accepted-NO PERNOSAL CHECKS. PARKING IS NOT FREE; there is a maximum expense of \$12.00.

HCHD-Healthcare for the Homeless Program

713-276-3073 or 713-276-3079

2505 Fannin St. (near San Jacinto St.)

Houston, TX 77002

www.homeless-healthcare.org

Walk-ins only, no appointment:

Mon-Thurs: 8:00a-5:00p, closed for lunch 12-1

Fri: 8:00- 12:00p

This clinic has primary and ancillary care including; psychiatry, mental health, substance abuse counseling, TB and STD testing, vision assistance, health education, case management, and information referral. Arrive early, go through the Research Center at S.E.A.R.C.H. and request to go to medical.